

## Instructions

### MEDCARE INTIM SHOWER

Patented medical device (CE 1008) used for vaginal and anal irrigation and treatment. Uses unique technology with automatic pressure and volume control for your safety!  
The MedCare Spa Douche ONLY works with MedCare Spa capsules (sold separately).

#### Recommended for vaginal irrigation:

- For vaginal discharge
- For inflammations and infections
- Local medicinal treatment

#### Recommended for anal irrigation:

- For enema in case of constipation
- Before and after anal intercourse
- For hemorrhoid symptoms
- To prevent infections

#### Vaginal treatment capsules:

- Lactic Acid capsule
- Calendula and Salvia capsule
- Magistral capsule (can be filled with ingredients prescribed by your physician)

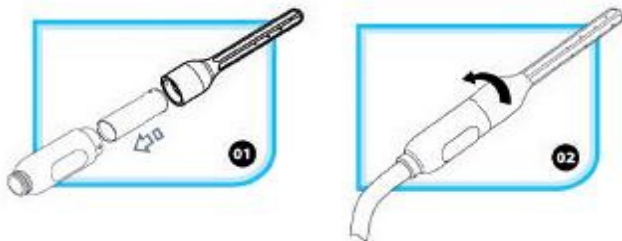
#### Anal treatment capsules:

- Complex Salt capsule
- Magistral capsule (can be filled with ingredients prescribed by your physician)
- Only the Complex Salt and the Magistral capsules can be used for anal treatment!

## INSTRUCTIONS TO USE

#### Installing the MedCare Spa capsule:

- Clean the device before using it for the first time!
- Remove the MedCare Spa capsule from its airtight, sealed packaging
- Insert the capsule into the handle of the MedCare Spa Douche – make sure that the capsule's plug faces the bottom part of the handle
- Twist the applicator head onto the handle of the



capsule filled device

- Make sure that the applicator and handle line up and close properly



#### Installing the device to the faucet:

- Connect the now assembled device to the bath faucet by attaching it to the shower hose

#### Setting the water temperature:

- Turn the faucet to normal water flow
- Set the water to the desired temperature and let it flow  
In case of gas water heaters open another hot water tap as well while using the device in order to maintain proper water pressure

#### Completing the treatment:

- Make sure that the temperature of the water coming from the faucet has not changed.
- If the water is at the proper temperature insert the applicator end of the device into the vagina or anus (lubricant is recommended for anal usage)  
Do NOT turn the faucet to shower flow until this step is completed! Once the applicator is in the vagina or anus turn the faucet to shower flow.
- The treatment is completed (complex salt and the desired active ingredients dissolve in water) in a minute and the device shuts off automatically
- Remove the applicator from the vagina or anus
- Turn off the faucet

#### Taking the device apart:

- Twist off and remove the applicator end of the device
- Remove the used capsule from the device handle and discard it with other household trash in accordance with selective garbage collection rules
- Clean the device thoroughly. Pharmaceutical plastic surface cleaner is recommended for disinfecting the device

The MedCare Intim Shower applicator head can be used with the MedCare Spa Multifunction Shower as well!

#### Warnings

- **If symptoms worsen or persist, or you have any problems stop using the product and immediately consult a physician.**
- **If pregnant DO NOT use the device.**
- **For questions about usage and frequency of use please ask your physician.**
- **Keep in a dry, cool place, away from children – preferably with other medications.**
- **Use at your own risk!**

For more information visit us at

[www.medcareltd.com](http://www.medcareltd.com)

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