

## Instructions

### MEDCARE MULTIFUNCTION SHOWER



Elegant handheld shower head primarily used for **water filtering**. The device can also provide **treatment** options with the use of dermatological, vaginal, and anal MedCare Spa capsules. Similarly to most shower heads the MedCare Spa Multifunction Shower Head has to be attached to the shower hose. The device is compatible with most standard shower hoses and **ONLY works with the MedCare Spa capsules**.

#### RECOMMENDED USES:

##### 1 – WATER FILTERING/CLEANING

1 piece of MedCare Spa Filter Capsule is included in the box. This capsule contains: KDF® process media (U.S.patented) which can remove:

- 99% of free chlorine
- 98% of soluble lead, mercury, and other dissolved metals
- 95% of chlorine, iron, heavy metals, hydrogen sulfide, and other contaminants from water.

Patented KDF® process media reduce the build-up of bacteria and other microorganisms, are non-toxic, contain no chemical additives and are 100% recyclable.

##### Instructions to use

##### MedCare Spa Multifunction Shower Head with MedCare Spa Filter capsule instructions

- For everyday water filtering place the MedCare Spa Filter capsule filled with KDF® Process Media into the handle of the MedCare Spa Multifunctional Shower Head and screw the shower head piece onto the base of the device.

- After assembling the device turn the faucet to normal water flow and set the water to the desired temperature. In case of gas water heaters open another hot water tap as well while using the device in order to maintain proper water pressure. After making sure the proper water temperature is set turn the water flow to shower and use the MedCare Spa Multifunction Shower Head like you would use a regular handheld shower head.

##### 2 – TREATMENTS

- a. Skin care,
- b. vaginal treatment,
- c. anal treatment

##### Instructions to use MedCare Spa Multifunction Shower Head with MedCare Spa Derma Skin Care capsule :

For dermatological treatments place the MedCare Spa Derma capsule filled with physician prescribed ingredients into the handle of the MedCare Spa Multifunctional Shower Head and screw the shower head piece onto the base of the device.

- After assembling the device turn the faucet to normal water flow and set the water to the desired temperature. In case of gas water heaters open another hot water tap as well while using the device in order to maintain proper water pressure. After making sure the proper water temperature is set turn the water flow to shower and use the MedCare Spa Multifunction Shower Head like you would use a regular handheld shower head.
- The capsule dispenses its ingredients continuously onto the target area while the shower is on. It is only necessary to use for 3-5 seconds and the capsule contents may last for several treatments.
- More effective results can be achieved by rubbing the dispensed treatment into the surface of the skin before towel drying. This results in a more even distribution of the ingredients.



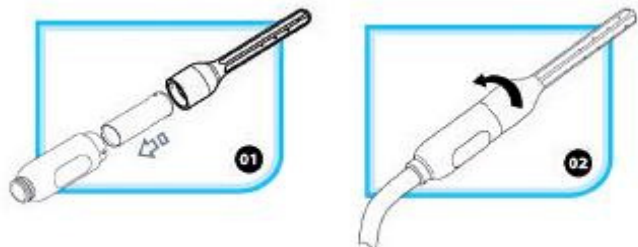
##### Instructions to use MedCare Spa Multifunction Shower Head with Spa Douche Applicator for vaginal and anal use:

##### Vaginal treatment capsules:

- Lactic Acid capsule
- Calendula and Salvia capsule
- Magistral capsule (can be filled with ingredients prescribed by your physician)

##### Anal treatment capsules:

- Complex Salt capsule
- Magistral capsule (can be filled with ingredients prescribed by your physician)
- Only the Complex Salt and the Magistral capsules can be used for anal treatment!



- For intimate treatment insert a MedCare Spa intimate capsule into the handle of the Multifunction Shower Head and screw the Spa Douche Applicator onto the handle.
- **The MedCare Spa Filter Capsule does not work with the MedCare Spa Multifunction Shower when the applicator attachment is in use!**
- Separate applicators must be used for anal and vaginal treatments!
- An applicator can only be used by one individual – do NOT share the applicator with others!
- After assembling the Multifunction Shower Head with the Spa Douche Applicator turn the faucet to normal water flow and set the water to the desired temperature. In case of gas water heaters open another hot water tap as well while using the device in order to maintain proper water pressure.
- If the water is at the proper temperature insert the applicator end of the device into the vagina or anus (lubricant is recommended for anal usage). Do NOT turn the faucet to shower flow until this step is completed! Once the applicator is in the vagina or anus turn the faucet to shower flow.
- The device starts working automatically.
- The treatment is completed in a minute and the device shuts off automatically.
- Remove the applicator from the vagina or anus.
- Turn off the faucet, twist off and remove the applicator end of the device.
- Remove the used capsule from the device handle and discard it with other household trash in accordance with selective garbage collection rules.
- Clean the device thoroughly. Pharmaceutical plastic surface cleaner is recommended for disinfecting the device.

#### **Recommended for vaginal irrigation:**

- For vaginal discharge
- For inflammations and infections
- Local medicinal treatment

#### **Recommended for anal irrigation:**

- For enema in case of constipation
- Before and after anal intercourse
- For hemorrhoid symptoms
- To prevent infections

If you notice reduced water pressure unscrew the Multifunction Shower Head from the shower hose and locate the water filter built into the bottom of the shower handle. That filter is responsible for cleaning mechanical pollutants from the water. Wash the filter and place it back into the shower handle.

#### **Warnings**

- **If symptoms worsen or persist, or you have any problems stop using the product and immediately consult a physician.**
- **If pregnant DO NOT use the device for intimate hygiene (with the applicator attachment). Only use as regular shower head with the MedCare Spa Filter capsule and consult your physician before using the device for dermatologic treatments.**
- **For questions about usage and frequency of use please ask your physician.**
- **Keep in a dry, cool place, away from children – preferably with other medications.**
- **Use at your own risk!**



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